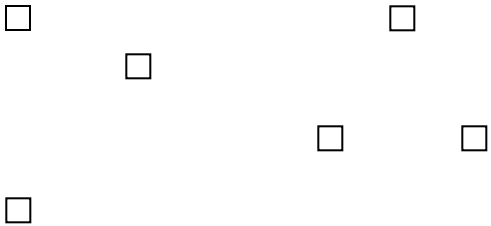
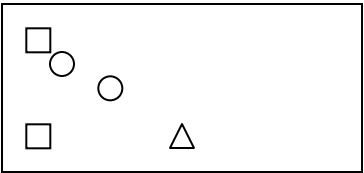
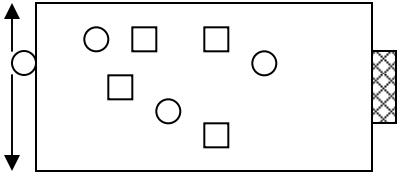
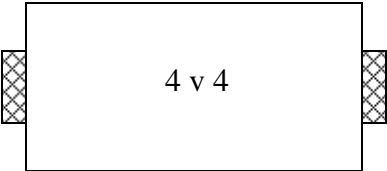




Name: Matt Callahan

Topic: Support play

Date:

UNRESTRICTED SPACE – WARM UP 	ORGANIZATION <ul style="list-style-type: none"> ▪ Ball between three players – moving and passing 	KEY COACHING POINTS <ul style="list-style-type: none"> ▪ Need players in immediate support of the ball – relieve pressure ▪ Support players positioned behind, square, or in advance of the ball ▪ Must combine with 1st attacker to gain penetration through overlaps, 1-2, double pass, take over, bent runs, etc.
RESTRICTED SPACE 	<ul style="list-style-type: none"> ▪ Team plays 2v2+1 in a 35-x-30 yard area ▪ Triangle is a neutral player who plays for both teams ▪ Teams try to complete 5 consecutive passes – get one point for doing so 	<ul style="list-style-type: none"> ▪ Need players in immediate support of the ball – relieve pressure ▪ Support players positioned behind, square, or in advance of the ball ▪ Supporting distance not so close that one defender can cover both 1st and 2nd attacker
ONE GOAL WITH COUNTER 	<ul style="list-style-type: none"> ▪ Play 4v3 to goal ▪ Team of four attacks goal ▪ After defending team wins ball they can score by passing to the target player 	<ul style="list-style-type: none"> ▪ Need players in immediate support of the ball – relieve pressure ▪ Support players positioned behind, square, or in advance of the ball ▪ Supporting distance not so close that one defender can cover both 1st and 2nd attacker ▪ Angle and distance of support changes depending on pressure on ball
GAME – TWO GOALS 	<ul style="list-style-type: none"> ▪ Play 4v4 + GK's ▪ No restrictions on players 	<ul style="list-style-type: none"> ▪ Observe to see if 1st attacker has adequate support