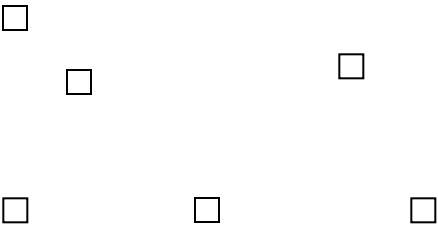
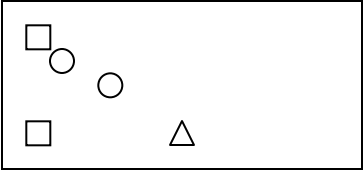
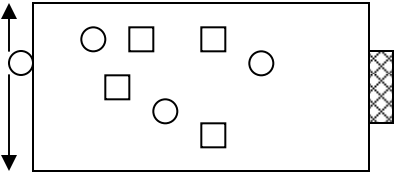
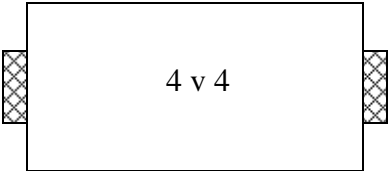




Name: Matt Callahan

Topic: Width

Date:

UNRESTRICTED SPACE – WARM UP	ORGANIZATION	KEY COACHING POINTS
	<ul style="list-style-type: none"> ▪ Ball between three players – moving and passing 	<ul style="list-style-type: none"> ▪ Use of available space ▪ Players constantly moving
<p style="text-align: center;">RESTRICTED SPACE</p> 	<ul style="list-style-type: none"> ▪ Team plays 2v2+1 in a 35-x-30 yard area ▪ Triangle is a neutral player who plays for both teams ▪ Teams try to complete 5 consecutive passes – get one point for doing so 	<ul style="list-style-type: none"> ▪ Defenses want to stay together, naturally, when attacking a team wants to be as spread out as possible ▪ Utilizing width forces the defense to spread out, in which they lost the ability to be concentrated ▪ By utilizing the width of the field space and passing channels are created
<p style="text-align: center;">ONE GOAL WITH COUNTER</p> 	<ul style="list-style-type: none"> ▪ Play 4v3 to goal ▪ Team of four attacks goal ▪ After defending team wins ball they can score by passing to the target player 	<ul style="list-style-type: none"> ▪ Defenses want to stay together, naturally, when attacking a team wants to be as spread out as possible ▪ Utilizing width forces the defense to spread out, in which they lost the ability to be concentrated ▪ By utilizing the width of the field space and passing channels are created
<p style="text-align: center;">GAME – TWO GOALS</p> 	<ul style="list-style-type: none"> ▪ 4v4 + GK's ▪ No restrictions on players 	<ul style="list-style-type: none"> ▪ Observe to see if the team is utilizing the full width of the field